

Young People in Mind

6-2-8 social club (Lowestoft)

6-2-8 is a friendly, laid back social group aimed at improving the social capability of young people between the ages of 14 and 25yrs.

The group also aims to enable young people to expand their friendship groups in a relaxed, non-judgemental environment.

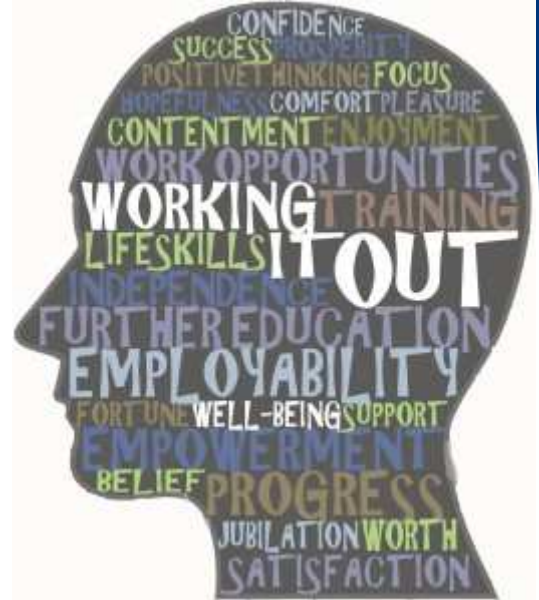
Group members can either be referred into the Young People in Mind's service for 1:1 support, or, can be referred specifically into the group.

Venue: Boston Lodge Lowestoft

Tuesdays 6pm—8pm

Run by a qualified Mental Health Caseworker and DBS checked volunteers

For more information contact your caseworker or phone Reception on 01493 842129



Great Yarmouth & Waveney Mind
28 - 31 Deneside
Great Yarmouth
Norfolk
NR30 3AX

W: www.gywmind.org.uk
T: 01493 842129
E: reception@mind.org.uk


for better mental health
Great Yarmouth
& Waveney