


# DO YOU NEED SUPPORT WITH:

- ◆ Debt or money problems?
- ◆ Employment difficulties?
- ◆ Benefits?
- ◆ Family & Relationship issues?
- ◆ Fitness issues?
- ◆ Housing?
- ◆ Loneliness?
- ◆ Memory problems?
- ◆ Social care?
- ◆ Caring responsibilities?
- ◆ Immigration difficulties?
- ◆ Low mood or anxiety?
- ◆ Other non-medical issues?



**Ask at reception or speak to your GP to see a Living Well Connector here at your GP Surgery**

*Social prescribing partnership by Great Yarmouth Dial and Great Yarmouth and Waveney Mind. Social prescribing in Norfolk is county wide funded through Norfolk County Council and Public Health*

  
for better mental health  
Great Yarmouth  
and Waveney

